

Meat Quality Traits of *Longissimus dorsi* Muscle from Carcasses of Hanwoo Steers at Different Yield Grades

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Abstract

The strategy for increasing the palatability of Hanwoo beef through fattening could lead to a decline in yield grade. The aim of this study was to examine the meat quality traits of *Longissimus dorsi* (LD) muscle from carcasses of Hanwoo steers at different yield grades. A total of 246 Hanwoo steers was divided into the following yield grades: A (n=77), B (n=76) and C (n=93). Meat quality traits, including proximate composition, cholesterol content, nucleotide content, dipeptide content, creatine and creatinine, free amino acid content, fatty acid composition, instrumental meat color, pH, water holding capacity, drip loss, cooking loss, and sensory qualities of the LD muscle from the 3 yield grades of Hanwoo carcasses were measured. The decline in yield grade from A to C resulted in an increase in crude fat and cholesterol content as well as a decrease in inosine 5'-monophosphate and aspartic acid in the LD muscle ($p < 0.05$). In terms of fatty acid composition, the LD muscle from yield grade A had higher SFA and PUFA and lower MUFA content than that from yield grade C ($p < 0.05$). However, the ratio of PUFA/SFA and n-6/n-3 did not differ among LD muscles from the 3 yield grades. There were no significant differences among other meat quality traits in relation to the yield grade. In conclusion, we suggest that the changes of substances related with health and flavor can be considered in order to obtain better quality Hanwoo beef.

Key words: beef yield grade, Hanwoo steers, meat quality

Introduction

The beef grading system for cattle carcasses reveals 2 types of information: quality grade and yield grade. The principal components for determining the quality or yield grade differ somewhat by country (Polkinghorne and Thompson, 2010). The high-quality grade in the beef grading system refers to high palatability of beef in many countries, including South Korea, Australia, Canada, Japan, and the USA, but signifies high yield of lean meat in Europe and South Africa (Polkinghorne and Thompson, 2010). High palatability of beef (i.e., more tender, juicy, and flavor-intensive) can be achieved by increasing marbling (Dashdorj *et al.*, 2012; Jeremiah *et al.*, 2003; Kim and Lee, 2003). Therefore, marbling score is a very important factor in determining the quality grade of beef in

the grading system. Many consumers who buy beef in retail stores expect high palatability and are willing to pay high prices for beef with a high quality grade (Jo *et al.*, 2012).

Because of this trend, farmers of feedlot cattle commit to increasing marbling in cattle, which go through a fattening period during which they are fed concentrated feedstuffs before slaughter. Okumura *et al.* (2007) found that increasing the fattening period for Japanese Black steers from 24 to 30 mon resulted in an increase in carcass weight and intramuscular fat content of principal muscles. An increase in marbling score and the percentage of cattle graded "US Choice" was also reported by Van Koevinger *et al.* (1995), who increased the feeding period of British and Continental crossbred yearling steers. However, this author found that an increase in the feeding period decreased feeding efficiency (carcass weight/feed intake). In addition, some researchers found no effect of increased fattening period of cattle on the marbling score and quality of beef (Iwamoto *et al.*, 2009; Sami *et al.*, 2004).

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High-palatability beef is preferred by consumers in Korea. In particular, Hanwoo beef, a native Korean cattle breed, was highly preferred over beef from imported breeds because of its freshness and high quality, despite its high price (Jo *et al.*, 2012). Hanwoo cattle generally are fed a high level of concentrated diet during the fattening period, to increase intramuscular fat (Jo *et al.*, 2012). However, this feeding system resulted in a decline of yield grade, which could cause a reduction in income for farmers (Lee *et al.*, 2011). Fat deposition in cattle tissue by intense fattening appeared predominantly in the subcutaneous tissue rather than in the muscle tissue (Harper and Pethick, 2004). Therefore, intense fattening of cattle, especially during the final growth stage, leads to increased thickness of back fat, which contributes greatly to a decline in yield grade (Lee *et al.*, 2011; Moon *et al.*, 2003). A previous study reported that the thickness of back fat had a highly negative correlation (-0.85) with yield grade, and a low positive correlation (0.15) with quality grade in Hanwoo steers (Lee *et al.*, 2011).

From previous studies, we have learned that intense fattening of Hanwoo cattle mainly affected yield grade rather than quality grade of carcasses. However, studies of changes in yield grade and consequent differences in meat quality have not been performed. Therefore, the objective of this study was to examine the meat quality traits of *Longissimus dorsi* muscle from carcasses of Hanwoo steers at different yield grades.

Materials and Methods

Animals and sample preparation

Two-hundred and fifty Korean native cattle (Hanwoo steers, 27-30 mon old) were randomly selected from a group raised in NongHyup (Anseong). These cattle were slaughtered without electrical stimulation and cooled at 0°C for 24 h in a chilling room. Carcass weight ranged from 213 to 477 kg (average, 409 kg). The cold carcasses were graded at 24 h postmortem with the loin surface ribbed between the 13th rib and the 1st lumbar vertebrae according to the Korean carcass grading procedure (National Livestock Cooperatives Federation, 1998). In the Korean beef grading system, the yield index is obtained from 3 variables: carcass weight (kg), ribeye area (cm²), and back fat thickness (mm). Each variable has a correction factor as follows: 0.625 for back fat thickness, 0.130 for ribeye area, and 0.024 for carcass weight. In the case of Hanwoo carcasses, a compensating factor of 3.23 is added to the function for yield index (notification from

MIFAFF, 2011-175).

$$\begin{aligned} \text{Yield index} = & 68.184 - [0.625 \times \text{back fat thickness (mm)}] \\ & + [0.130 \times \text{ribeye area (cm}^2\text{)}] \\ & - [0.024 \times \text{carcass weight (kg)}] + 3.23 \end{aligned}$$

Yield grade was scored by criteria revised as of January 2013

A grade (yield index \geq 67.20)

B grade (67.20 < yield index \geq 63.30)

C grade (yield index < 63.30)

Of the 250 Hanwoo steers, 4 had a yield grade that was a step up or down in the grader's opinion, and were eliminated from the sample set for this study. The *Longissimus dorsi* (LD) muscles at the 14th-18th vertebrae were removed and transferred to the laboratory. After aging for 7 d at 4°C, the subcutaneous and intermuscular fat and visible connective tissues of LD muscles were trimmed and used to analyze meat composition and quality parameters.

Proximate composition

The proximate composition of the LD muscles was determined by a slight modification of the AOAC (1995) method. Moisture content was obtained by drying 3 g of samples placed in aluminum dishes for 15 h at 104°C. Crude protein content was measured by the Kjeldahl method (VAPO45, Gerhardt Ltd., Germany). The amount of nitrogen obtained was multiplied by 6.25 to calculate crude protein contents. Crude fat contents were measured by the Soxhlet extraction system (TT 12/A, Gerhardt Ltd., Germany). Crude ash content was measured by burning 2 g of samples overnight in a furnace at 600°C.

Nucleotides

The meat samples (5 g) were mixed with 25 mL of 0.7 M perchloric acid and homogenized (T25b, Ika Works (Asia), Sdn, Bhd, Malaysia) for 1 min at 1,130 g to extract nucleic acids. The extracted nucleic acids were centrifuged (Union 32R, Hanil Co., Ltd., Korea) for 15 min at 2,090 g (4°C) and filtered through Whatman No. 4 filter paper (Whatman Inc., England). The supernatant was then adjusted to pH 7 with 5 N KOH (SevenEasy, Mettler-Toledo Int. Inc., Switzerland). The pH-adjusted supernatant was placed in a volumetric flask and adjusted to a volume of 100 mL with 0.7 M perchloric acid (pH 7). After 30 min of cooling, the mixture was centrifuged (Union 32R) at 2,090 g (4°C) and the supernatant was filtered through a 0.2- μ m PVDF syringe filter (Whatman). The

filtrate (5 mL) was analyzed using HPLC (ACME 9000, Younglin Instruments Inc., Korea). The analytical conditions for HPLC included a Waters-Atlantis dC18 RP column (4.6×250 mm, 5 µm particles, Waters Co., USA), with a mobile phase of 0.1 M triethylamine in 0.15 M acetonitrile (pH 7.0). The flow rate of the mobile phase was 1.0 mL/min, and the injection volume was 10 µL. The column temperature was maintained at 35°C and detection was monitored at a wavelength of 260 nm. The peaks of individual nucleotides were identified using retention times for the following standards: hypoxanthine, inosine, inosine-5-phosphate (IMP), adenosine-5-phosphate (AMP) (Sigma, USA); the concentrations were calculated using the area for each peak.

Carnosine, anserine, creatine, and creatinine

Carnosine, anserine, creatine, and creatinine were determined by the method of Mora *et al.* (2007). Minced meat samples (2.5 g) were homogenized with 7.5 mL of 0.01 N HCl at 13,500 rpm for 1 min. The homogenate was centrifuged (HM-150IV, Hanil) at 17,030 g for 15 min, and the supernatant was mixed with 750 mL acetonitrile. After storing at 4°C for 20 min and centrifuging (HM-150IV, Hanil, Korea) at 17,030 g for 10 min, the supernatant was filtered through a 0.2-µm PVDF syringe filter (Whatman) and injected into a HPLC column with a Waters 1525 pump and a Waters 717 plus autosampler (Millipore Co-Operative, USA). An Atlantis HILIC silica column (4.6×150 mm, 3 µm, Waters) was used. A diode array detector (Waters 2487, Millipore Co-Operative, USA) was used at 214 nm for determining creatine, carnosine, and anserine, and at 236 nm for creatinine. The mobile A phase was 0.65 mM ammonium acetate in water/acetonitrile (25:75, v/v, pH 5.5) and the B phase was 4.55 mM ammonium acetate in water/acetonitrile (70:30, v/v, pH 5.5). The B phase was supplied at 1.2 mL/min for 16 min with a linear gradient (0-100%). Standards (creatine, anserine, carnosine, and creatinine) were obtained from Sigma (USA).

Free amino acids

The free amino acid composition was determined by using a modification of Hughes *et al.* (2002). Defatted meat samples (5 g) were mixed with 20 mL 2% TCA solution and homogenized (T25b, Ika Works (Asia)) at 13,500 rpm for 1 min. The homogenate was centrifuged (HM-150IV, Hanil) at 17,030 g for 15 min and filtered through a 0.45-µm membrane filter (Whatman). The filtrate was derivatized by the method of Waters AccQ-Tag™

(1993, Millipore Co-Operative, USA), and 5 mL was injected into a RP-HPLC column (AccQ-Tag™ column, 3.9×150 mm, Waters). The column temperature was 37°C, and a fluorescent detector (Waters™ 2475, Millipore, USA) was used with 250 nm and 395 nm of excitation and emission wavelength respectively. Separation was conducted using buffers A (Waters AccQ-Tag eluent) and B (60%, v/v, acetonitrile). The accuracy and repeatability of this analysis was ensured by the inclusion of a control sample of known amino acid composition with the samples prior to hydrolysis.

Fatty acids and cholesterol

Lipids were extracted from samples according to the method of Folch *et al.* (1957). Meat samples (5 g) and 30 mL Folch solution (chloroform : methanol = 2:1) were homogenized, and the homogenate was filtered through filter paper (No. 4, Whatman). The samples were thoroughly mixed after adding 0.88% KOH solution. After phase separation, the upper layer was removed and the remaining organic layer was dried under nitrogen flow. The dried lipid was dissolved with an aliquot of hexane (at 100 mg lipid/mL hexane) and used for fatty acid and cholesterol analysis.

One mL BF₃-methanol (Sigma) was added to 100 mL lipid extract and the sample mixture was incubated in a 90°C for 1 h. After cooling, 2 mL hexane and 5 mL distilled water were added, mixed thoroughly, and left overnight for phase separation. The top (hexane) layer containing methylated fatty acids was analyzed using a GC (HP 7890, Agilent Technologies, USA). A capillary column (HP-88, 60 m×0.25 mm×0.25 mm, Agilent Technologies) was used. A ramped oven temperature condition (180°C for 1 min, increased to 230°C by 2.5°C/min, then held at 230°C for 12 min) was used. The temperature of both the inlet and detector was 280°C. Helium was the carrier gas, maintained at a linear flow rate of 1 mL/min. The FID detector air, H₂, and make-up gas (He) flows were 350, 35, and 41 mL/min, respectively. Relative quantities were expressed as weight percent of total fatty acids identified via comparison of retention times to known standards (37 FAME mix, CLA mix, Sigma-Aldrich, USA).

For analysis of cholesterol, 10 mL of saponification reagent [33% KOH (w/v)/ethanol, 6:94] was added to lipid extract. The sample was homogenized and then incubated for 1 h at 50°C. After cooling, 5 mL of distilled water and 5 mL of hexane were added. The contents were mixed thoroughly and the hexane layer containing unsaponifiable matter was dried under nitrogen flow. To the dried

sample, 200 mL of pyridine and 100 mL of Sylon BFT (99% BSTFA + 1% TMCS) were added and derivatized at 50°C for 1 h. Analysis was performed with a HP 6890 GC equipped with an on-column capillary injector and FID detector. A capillary column (HP-5, 30 m×0.25 mm×0.25 mm) was used. A ramped oven temperature was used (180°C, increased to 260°C by 8°C/min, then increased to 280°C by 2°C/min). The quantity of cholesterol in each sample was calculated using an internal standard, 5 α -cholestane.

pH, water holding capacity, drip loss, and cooking loss

The pH of samples was determined with a pH meter (SevenEasy, Mettler-Toledo, Korea). Meat samples (3 g) with 27 mL distilled water were mixed for 60 s with a homogenizer (T25b, Ika Works (Asia)) and filtered through a filter paper (No. 4, Whatman). The water holding capacity (WHC) was determined by the centrifugation method of Uttaro *et al.* (1993). Minced meat samples (5 g) were placed into centrifuge tubes with filter paper (No. 4, Whatman), and centrifuged (CR 20B2, Hitachi Koki Co., Ltd. Japan) for 10 min at 3,000 g. WHC was calculated as the moisture remaining in meat samples in relation to the moisture content before centrifugation. Drip loss was measured as the percentage weight loss of a standardized-sized (3×3×3 cm) meat sample in a petri dish during the 2 d of storage at 4°C. Cooking loss was measured as the percentage weight loss of a standardized-sized (3×3×3 cm) meat sample after cooking in an electric grill with double pans (Nova EMG-533, 1,400 W, Evergreen Enterprise, Korea) for 90 s until the internal temperature reached 72°C.

Instrumental color

Color values were measured on the surface of meat samples with a colorimeter (CR-410, Minolta Co. Ltd., Japan). The colorimeter was calibrated against a white reference tile plate (CIE L*=89.2, a*=0.921, b*=0.783), and the diameter of the aperture was 4 cm. The color [CIE L* (lightness), a* (redness), and b* (yellowness)] values were obtained after 30 min blooming at room temperature. An average value from 5 random readings on each sample surface was used for statistical analysis.

Sensory evaluation

The sensory evaluation of total 246 LD muscles was performed through 31 sensory panels. For the sensory evaluation, meat samples (2×4×1.5 cm) were cooked in an

electric grill with double pans (Nova EMG-533, 1,400 W, Evergreen Enterprise, Korea) to an internal temperature of 75°C. The meat samples were placed into randomly coded white dishes and served with drinking water. Ten semi-trained panelists recorded their preferences using 9-point hedonic scales (1=profoundly dislike, 9=profoundly like). The sensory parameters tested were color, odor, tenderness, juiciness, and overall acceptance.

Statistical methods

An analysis of variance was performed on all of the variables measured by the General Linear Model (GLM) procedure using SAS statistical package (SAS, 1999). The Duncan's multiple range test ($p<0.05$) was used to determine differences among the treatment means. The mean values and the standard errors of the means (SEM) were reported. Pearson's correlation coefficients were calculated using the SAS statistical package (SAS, 1999).

Results and Discussion

Yield index, carcass weight, ribeye area, and back fat thickness of Hanwoo steers

The mean values of yield index and carcass traits (weight, ribeye area, and back fat thickness) among the different yield grades from Hanwoo steers are presented in Table 1. The average yield index of the carcasses was 69.4, 65.3, and 60.8 for yield grades A, B, and C, respectively. Carcass weight increased significantly ($p<0.05$) with the decrease of yield grades from A to C. The back fat thickness of yield grades B and C were 1.82 and 2.65 times higher than that of yield grade A, respectively ($p<0.05$). It may be inferred that increased carcass weight and back fat thickness could be obtained by increasing the fattening period for Hanwoo steers, and would result in a decrease of yield grade from A to C from the present result. However, there was no significant difference in ribeye area among the different yield grades ($p=0.18$). Lee *et al.* (2011) reported the yield index and carcass traits of Hanwoo steers ($n=55,783$) and showed that carcass yield indices of 69.89, 65.93, and 61.75 (similar to that of the present study) corresponded to carcass weights of 376, 410, and 431 kg, respectively. These results are similar to those of the present study, in which yield indices of 69.4, 65.3, and 60.8 corresponded to carcass weights of 370, 402, and 432 kg, respectively. In addition, back fat thickness was 2.05 (65.93) and 3.14 (61.75) times higher than that of carcass yield index at 69.89, although back fat thickness measured by Lee *et al.* (2011) was lower than

Table 1. Yield index and traits of carcass, and proximate composition and cholesterol content of *Longissimus dorsi* muscle from Hanwoo steers at different yield grades

	Yield grade			SEM ¹
	A (n=77)	B (n=76)	C (n=93)	
Yield index	69.4 ^a	65.3 ^b	60.8 ^c	0.19
Carcass weight (kg)	370 ^c	402 ^b	432 ^a	4.7
Ribeye area (cm ²)	87.5	89.8	90.0	1.04
Back fat thickness (mm)	7.2 ^c	13.1 ^b	19.1 ^a	0.28
Moisture (%)	65.3 ^a	63.7 ^b	63.0 ^b	0.54
Crude protein (%)	19.3	19.4	19.3	0.20
Crude fat (%)	13.5 ^b	15.4 ^a	16.2 ^a	0.54
Crude ash (%)	1.09	1.05	1.07	0.026
Cholesterol (mg/100 g)	59.7 ^b	61.1 ^{ab}	61.6 ^a	0.64

¹Standard errors of mean (n=246).

^{a-c}Different letters within same row differ significantly ($p < 0.05$).

that of the present study. However, Lee *et al.* (2011) found a significant difference in ribeye area between yield indices of 69.89 and 61.75, while there were no significant differences in the ribeye area among different yield indices in the present study.

The correlation coefficient for yield grade and carcass traits is shown in Table 2. The yield grade of Hanwoo steer carcasses (n=246) had a highly negative correlation with back fat thickness (-0.89) and a negative correlation with carcass weight (-0.52). This result agreed with that of the previous study. Lee *et al.* (2011) reported that the yield grade of Hanwoo steer carcasses (n=55,783) was negatively correlated with back fat thickness (-0.85). In addition, Moon *et al.* (2003) found a partial R² value of 0.66 in regression analysis between yield grade and back fat thickness of Hanwoo steer carcasses (n=14,386) and reported that back fat thickness was the prime determinant of yield grade. Carcass weight had a positive correlation with ribeye area (0.61) and back fat thickness (0.51), and back fat thickness had a positive correlation with ribeye area (0.21). These results also agreed with the report by Lee *et al.* (2011), who found an increase in carcass weight and ribeye area when back fat thickness was increased.

The results obtained in the present study agree with results from previous studies, although our sample size was smaller than that of previous studies. Therefore, we sug-

gest that the sample size from the present study could be sufficient to explain the differences in meat quality in accordance with yield grades of Hanwoo steer carcasses.

Meat quality traits of LD muscle from 3 yield-grade groups of Hanwoo steers

The proximate composition of LD muscle from the 3 yield-grade groups is shown in Table 1. The crude protein and ash contents of LD muscle were not significantly different among the 3 groups. The moisture content of LD muscle was higher in yield grade A than in yield grades B and C ($p < 0.05$). In contrast, the crude fat content of LD muscle from yield grades B and C was higher than that from yield grade A ($p < 0.05$). Generally, there is a negative relationship between moisture content and crude fat content of meat. The moisture content of loin muscle from Hanwoo beef was low in muscles that included large amounts of crude fat (Kim and Lee, 2003). Pflanzler and de Felicio (2011) reported a correlation coefficient of -0.92 between moisture and fat contents in *M. Longissimus thoracis* muscle from cattle ($p < 0.05$). High crude fat content in LD is related to high back fat thickness. Bruns *et al.* (2004) and Orellana *et al.* (2009) found that intramuscular fat content of *Longissimus* muscle was positively linked to back fat thickness at the 10th or 12th ribs in cattle. In addition, Indurain *et al.* (2009) reported a correlation coefficient of 0.705 between intramuscular fat

Table 2. Correlation coefficient for among yield grade, carcass weight, ribeye area, and back fat thickness of carcass from Hanwoo steers

	Yield grade	Carcass weight	Ribeye area
Carcass weight (kg)	-0.52***		
Ribeye area (cm ²)	-0.11	0.61***	
Back fat thickness (mm)	-0.89***	0.51***	0.21**

** $p < 0.01$, *** $p < 0.001$

content of *Longissimus* muscle and fat thickness at the 6th rib ($p < 0.001$) in Spanish beef. The high crude fat content of LD muscle from yield grade C resulted in high cholesterol content of the muscle compared to that from yield grade A ($p < 0.05$). This result agreed with the findings of previous studies. Lee *et al.* (2010) found a higher cholesterol content in Hanwoo loin muscles when the muscles had higher crude fat content ($p < 0.05$). In addition, a positive relationship between intramuscular cholesterol and intramuscular lipid in *M. Longissimus thoracis* muscle from Wagyu and Angus steers was reported (Chung *et al.*, 2006).

Nucleotide breakdown products are generated with degradation of adenosine triphosphate (ATP) in meat after slaughter (Yano *et al.*, 1995). The progress of nucleotide breakdown is as follows: after slaughter, ATP degrades rapidly to adenosine monophosphate (AMP), which then undergoes enzymatic reaction by deaminase and results in accumulation of inosine 5-monophosphate (IMP). The IMP is hydrolyzed to inosine (HxR) by 5-nucleotidase, and the HxR breaks down to hypoxanthine (Hx) by purine nucleotide phosphorylase (Surette *et al.*, 1988). The AMP and HxR content of LD muscle from the 3 yield grades was not significantly different (Table 3). The IMP content of LD muscle from yield grade A was 118.3 mg/100 g, which was higher than the 97.6 mg/100 g from yield grade C ($p < 0.05$). In contrast, the Hx content of LD muscle from yield grade A was lower than that of yield grades B and C ($p < 0.05$). The content of nucleotide breakdown products in beef changes with aging (Yano *et al.*, 1995). Vani *et al.* (2006) reported that acidic pH and high temperatures increased the degradation rate of nucleotides in meat. In the present study, carcasses from yield grade C had high weight and back fat thickness. Both high carcass weight and back fat thickness can reduce the rate of temperature decline, and consequently result in an increased

rate of pH decline, in cattle carcasses (Park *et al.*, 2007). Therefore, the degradation rate of nucleotides may be fast in carcasses from yield grade C compared to carcasses from yield grade A, although there were no significant pH differences in the LD muscle among the 3 yield grades. Further study is needed to improve the understanding of these dynamics. The lower IMP and higher Hx content of LD muscle from yield grade C could lead to decrease the sensorial quality of LD muscle when compared to LD muscle from yield grade A. Nucleotides are among the precursors to meat flavor (Kawai *et al.*, 2002). IMP, in particular, has been known to generate the “umami” taste (described as savory), alone or when conjugated with monosodium glutamate for synergistic effects (Kawai *et al.*, 2002; Koutsidis *et al.*, 2008). Contrarily, Hx may contribute a bitter taste to meat by conjugating certain amino acids and peptides (Tikk *et al.*, 2006).

Histidine dipeptides such as carnosine and anserine, and creatine are categorized as bioactive substances from animal sources (Schmid, 2009). Carnosine (β -alanyl-L-histidine) and anserine (β -alanyl-N-methyl-L-histidine, an N-methylated derivative of carnosine) are distributed in vertebrate tissues, and have bioactive properties such as anti-ageing that are related to antioxidative activity and reducing activity of advanced glycosylation end-products (Bellia *et al.*, 2011; Schmid, 2009). Creatine [N-(aminoiminomethyl)-N-methyl-glycine] is abundant in skeletal muscles (Purchas and Busboom, 2005). Its biological activity is to act as an energy supply to muscles (Wyss and Kaddurah-Daouk, 2000). Creatine is transported from the liver, in which it is primarily synthesized, to muscle and other organs, and then it undergoes phosphorylation. Creatine phosphate enables conversion of adenosine diphosphate (ADP) to ATP (Wyss and Kaddurah-Daouk, 2000). Liu (2011) reported that the contents of carnosine, anserine, creatine, and creatinine of *Longissimus* muscle from

Table 3. Nucleotide, dipeptides, creatine, and creatinine content (mg/100 g) of *Longissimus dorsi* muscle from Han-woo steers at different yield grades

	Yield grade			SEM ¹
	A	B	C	
Adenosine-5-phosphate (AMP)	7.1	6.8	6.9	0.18
Inosine-5-phosphate (IMP)	118.3 ^a	109.6 ^{ab}	97.6 ^b	5.48
Hypoxanthine (Hx)	25.1 ^b	27.6 ^a	28.8 ^a	0.84
Inosine (HxR)	21.2	20.9	22.2	0.68
Carnosine	682.9	724.2	714.6	16.92
Anserine	127.3	111.9	117.2	6.05
Creatine	1,504.8	1,531.0	1,495.0	15.47
Creatinine	16.3 ^b	18.9 ^a	20.8 ^a	0.87

¹Standard errors of mean (n=246).

^{a,b}Different letters within same row differ significantly ($p < 0.05$).

Angus cattle was 372, 67, 526, and 21 mg/100 g, respectively. The contents of carnosine, creatine, and creatinine of semi-tendinous muscle from prime cattle in New Zealand were 452, 401, and 5.8 mg/100 g, respectively (Purchas *et al.*, 2004). In the present study, there were no significant differences in the contents of carnosine, anserine, and creatine in the LD muscles among the 3 yield grades (Table 3). The average contents of carnosine, anserine, and creatine in LD muscles from yield grades A, B, and C were 707, 119, and 1510 mg/100 g, respectively. This result showed that the contents of these compounds in LD muscles of Hanwoo cattle were high compared to those of meat from Angus in New Zealand. Therefore, Hanwoo beef could be expected to have high nutritional quality compared to other breeds of beef. The content of creatinine in LD muscle from yield grade C was higher than that from yield grade A ($p < 0.05$). Creatinine is a breakdown product of creatine, and has been discovered in the skeletal muscle (Wyss and Kaddurah-Daouk, 2000). Liu (2011) reported that creatinine contents of *Longissimus* muscle from Angus cattle had a positive correlation with carcass weight and back fat thickness. The breakdown of creatine to creatinine was shown to be positively affected by temperature (Purchas *et al.*, 2004). Therefore, the significant difference in the creatinine content of LD muscle between yield grades A and C may be affected by the rate of temperature decline of the carcass, as described above.

The aspartic acid and histidine contents of the LD muscle from yield grade A were significantly higher than

those from yield grade C (Table 4); the contents of the other free amino acids in LD muscle did not differ among the yield grades. Free amino acids are meat flavor precursor, alone or when conjugated with other molecules such as sugars and nucleotides (Koutsidis *et al.*, 2008). Wong *et al.* (2008) reported that aspartic acid produced a fruity, pleasant, and sweet aroma by the Maillard reaction with glucose after heating, but that histidine did not produce any aroma. A previous study reported that an increase in the slaughter age of Wagyu cattle (15, 25, and 35 mo) led to accumulation of fat in the muscle and to low muscle growth, which resulted in decreased total amounts of free amino acids, and differences in some amino acid contents in the LD muscle (Watanabe *et al.*, 2004). In that study, aspartic acid contents decreased with increasing slaughter age (Watanabe *et al.*, 2004). When the carcass weights were considered, it can be expected that the slaughter age of Hanwoo steers of yield grade C may be older than that of yield grade A. However, the total amount of free amino acids in LD muscle did not differ among the 3 yield grades (data not shown).

The fatty acid composition of beef fat is primarily affected by regimen and genotype (Alfaia *et al.*, 2006). In addition, the duration of fattening, age, carcass weight, and degree of fat deposition influence the fatty acid composition of beef fat (Iwamoto *et al.*, 2009). In the present study, the effect of genotype and feed on fatty acid composition of intramuscular fat from LD muscle was restricted because the carcasses used in this study were de-

Table 4. Free amino acid content (mg/100 g) of *longissimus dorsi* muscle from Hanwoo steers at different yield grades

Free amino acid	Yield grade			SEM ¹
	A	B	C	
Ala	47.0	50.2	47.1	1.69
Arg	292.2	311.3	291.9	9.11
Asp	2.4 ^a	2.5 ^a	1.8 ^b	0.17
Cys	5.4	6.1	6.0	0.40
Glu	11.4	12.2	12.9	0.81
Gly	11.4	12.4	11.2	0.51
His	115.2 ^a	104.6 ^{ab}	97.3 ^b	4.22
Ile	5.3	6.2	5.9	0.39
Leu	9.4	10.9	10.2	0.64
Lys	11.5	13.1	12.4	0.62
Met	4.2	4.9	4.6	0.33
Phe	5.7	6.7	6.3	0.41
Pro	5.6	5.9	5.5	0.23
Ser	13.4	14.2	13.1	0.72
Thr	35.7	36.3	34.4	1.66
Tyr	6.4	7.3	6.7	0.38
Val	7.9	8.9	8.4	0.54

¹Standard errors of mean (n=246).

^{a,b}Different letters within same row differ significantly ($p < 0.05$).

rived from Hanwoo steers grown with commercial feed. The predominant fatty acids of intramuscular fat in the LD muscle from the 3 yield grades were palmitic (C16:0) and stearic (C18:0) acids as saturated fatty acids (SFA), oleic acid (C18:0) as a monounsaturated fatty acid (MUFA), and linoleic acid (C18:2) as a polyunsaturated fatty acid (PUFA), which agree with a report by Dashdorj *et al.* (2012). Significant differences ($p<0.05$) in the contents of some fatty acids in intramuscular fat from LD muscle were confirmed among the 3 yield grades (Table 5). The compositions of lauric (C12:0), myristic (C14:0), penta-

decyclic (C15:0), and margaric acids (C17:0) were higher in yield grade A than in yield grades B and C ($p<0.05$), and the composition of stearic acid (C18:0) from yield grade A was higher than that from yield grade C ($p<0.05$). These results showed that the intramuscular fat of LD muscle from yield grade A had significantly higher SFA composition than intramuscular fat from yield grades B and C ($p<0.05$). In contrast, the MUFA composition of intramuscular fat was high in yield grades B and C compared to yield grade A as a result of high contents of oleic (C18:1) and eicosenoic (C20:1) acids in yield grades B

Table 5. Fatty acid composition (%) of intramuscular fat from *Longissimus dorsi* muscle from Hanwoo steers at different yield grades and the ratio of CLA/SFA+cholesterol

	Yield grade			SEM ¹
	A	B	C	
C10:0	0.04	0.04	0.04	0.001
C12:0	0.10 ^a	0.08 ^b	0.08 ^b	0.003
C14:0	2.86 ^a	2.68 ^b	2.62 ^b	0.063
C14:1	0.84	0.80	0.82	0.032
C15:0	0.27 ^a	0.23 ^b	0.23 ^b	0.011
C16:0	24.94	24.49	24.60	0.221
C16:1	4.04	4.15	3.99	0.143
C17:0	0.68 ^a	0.62 ^b	0.61 ^b	0.018
C17:1	0.74	0.70	0.70	0.020
C18:0	11.66 ^a	11.15 ^{ab}	10.93 ^b	0.238
C18:1	46.00 ^b	47.11 ^a	47.92 ^a	0.331
C18:1 _{11t}	2.14	2.34	2.31	0.089
C18:2	3.39	3.28	3.01	0.130
C18:2 _{9c11t} ²	0.36	0.38	0.36	0.017
C18:2 _{10t12c} ²	0.02	0.02	0.03	0.003
C18:3	0.12	0.11	0.11	0.008
C20:0	0.05	0.05	0.05	0.002
C20:1	0.31 ^b	0.37 ^a	0.35 ^a	0.012
C20:2	0.21 ^a	0.15 ^{ab}	0.12 ^b	0.031
C20:3	0.34	0.35	0.32	0.015
C20:4	0.69	0.70	0.63	0.042
C24:1	0.18	0.19	0.17	0.009
SFA ³	40.61 ^a	39.35 ^b	39.16 ^b	0.358
MUFA ⁴	54.25 ^b	55.65 ^a	56.27 ^a	0.356
PUFA ⁵	5.13 ^a	5.00 ^{ab}	4.57 ^b	0.175
UFA ⁶	59.39 ^b	60.65 ^a	60.84 ^a	0.358
PUFA/SFA	0.13	0.13	0.12	0.005
n-6/n-3 ⁷	9.59	9.09	8.99	0.249
CLA/ SFA+cholesterol ⁸	0.009	0.010	0.010	0.0004

¹Standard errors of mean (n=246).

^{a,b}Different letters within same row differ significantly ($p<0.05$).

²CLA, conjugated linoleic acid

³SFA, saturated fatty acid (sum of C10:0, C12:0, C14:0, C15:0, C17:0, C18:0, and C20:0)

⁴MUFA, monounsaturated fatty acid (sum of C14:1, C16:1, C17:1, C18:1, C18:1_{11t}, C20:1, and C24:1)

⁵PUFA, polyunsaturated fatty acid (sum of C18:2, C18:2_{9c11t}, C18:2_{10t12c}, C18:3, C20:2, C20:3, and C20:4)

⁶UFA, unsaturated fatty acid (sum of MUFA and PUFA)

⁷n-6/n-3, (sum of C18:2, C20:2, and C20:4) / (sum of C18:3 and C20:3)

⁸CLA/SFA+cholesterol, sum of C18:2_{9c11t} and C18:2_{10t12c} (mg/100 g of meat) / SFA+cholesterol (mg/100 g of meat)

and C ($p < 0.05$). This result partially agreed with that of a study by Xie *et al.* (1996), who reported that oleic acid and stearic acid had positive and negative correlations with fat thickness, respectively. In addition, an increase in the fattening period resulted in increased activity of stearoyl-CoA desaturase, which converted SFAs to their corresponding MUFAs (Chung *et al.*, 2007; Iwamoto *et al.*, 2009). In the present study, the carcasses from yield grades B and C had greater fat thickness compared to that from yield grade A, and this result could have been caused by prolongation of the fattening period. The content of eicosadienoic acid (C20:2) was higher in the intramuscular fat from yield grade A compared to that from yield grade C. However, other PUFAs in intramuscular fat did not differ significantly among the 3 yield grades. These results led to the significantly higher PUFA composition in intramuscular fat from yield grade A compared to that from yield grade C ($p < 0.05$). The results from this study are similar to those reported by Sami *et al.* (2004), who found that increasing fatness in cattle was associated with an increased proportion of MUFAs and decreased proportion of PUFAs. The fatty acid proportions of intramuscular fat (low SFAs and high UFAs mainly because of high oleic acid) in LD muscle from yield grades B and C could affect the sensory quality of the meat in these grades. A previous study reported that SFAs and UFAs had negative and positive association with sensory panel scores respectively (Westerling and Hedrick, 1979). In addition, Sami *et al.* (2004) reported that an increase in the proportion of oleic acid affected the tenderness and flavor intensity of beef.

The PUFA/SFA and n-6/n-3 ratios are generally used to evaluate the nutritional value of fat (Orellana *et al.*, 2009). In the present study, there was no significant difference in either of these ratios in intramuscular fat from the 3 yield grades. Beef fat contains conjugated linoleic acid (CLA), which consists of positional isomers of linoleic acid (C18:2_{9c-11t} and C18:2_{10t-12c}) and is well known as a bioactive substance with anticarcinogenic effects (Schmid, 2009).

However, beef fat also contains SFAs and cholesterol, which are thought to affect the development of colon cancer (Eynard and Lopez, 2003). Therefore, Eynard and Lopez (2003) suggested the ratio of CLA/(SFA+cholesterol) in beef to evaluate the nutritional value of the meat in relation to colon cancer. In the present study, the ratio of CLA/(SFA+cholesterol) in LD muscle from yield grades A, B, and C was 0.009, 0.010, and 0.010, respectively, and there were no significant differences in these values.

The surface colors expressed as CIE L*, CIE a*, and CIE b* values of LD muscle were not significantly different among the yield grades (data not shown). Meat color can be affected by various factors, including pH and water holding capacity (Boles *et al.*, 2005; Swatland, 2008). In the present study, there was no significant difference in pH (data not shown). Water holding capacity, drip loss, and cooking loss of LD muscle did not differ among the 3 yield grades (data not shown). The water holding capacity of meat is mainly affected by the ultimate pH of the meat, and influences drip loss and cooking loss (Huff-Lonergan and Lonergan, 2005). Therefore, the lack of significant differences in water holding capacity, drip loss, and cooking loss of LD muscle among the 3 yield grades was regarded as an effect of similar pH of the LD muscle in the different grades.

In the sensory analysis of LD muscle from the 3 yield grades, the LD muscle from yield grade C got high scores for texture and juiciness compared to yield grade A (Table 6). The sensory parameters, such as color and odor, did not differ significantly among the yield grades. High intramuscular fat content in beef was reported to lead to high water holding capacity and low cooking loss, which make beef more juicy and tender (Jeremiah *et al.*, 2003). Dashdorj *et al.* (2012) reported that increasing the feeding duration of Hanwoo steers from 26 to 32 months resulted in increased intramuscular fat content and decreased cooking loss of *Longissimus* muscle, which led to increased juiciness, but they did not find a change in the tenderness of the *Longissimus* muscle. Park *et al.* (2000) also re-

Table 6. Sensory analysis of longissimus dorsi muscle from Hanwoo steers at different yield grades

	Yield grade			SEM ¹
	A	B	C	
Color	5.22	5.11	5.27	0.098
Odor	5.28	4.94	5.09	0.261
Texture	4.71 ^b	5.09 ^{ab}	5.16 ^a	0.153
Juiciness	4.83 ^b	5.21 ^{ab}	5.27 ^a	0.147
Overall acceptance	4.69	5.07	5.09	0.147

¹Standard errors of mean (n=246).

^{a,b}Different letters within same row differ significantly ($p < 0.05$).

ported increased scores for juiciness and tenderness with a gradual increase in the intramuscular fat content of LD muscle from Hanwoo cattle. However, they did not find a significant increase in the water holding capacity or cooking loss for intramuscular fat contents of 2% to 12%. These results were similar to those of the present study. We found no significant difference in water holding capacity or cooking loss of LD muscle among the 3 yield grades despite significant differences in crude fat content of the LD muscle. Nevertheless, the texture and juiciness of LD muscle was improved in yield grade C compared to yield grade A. The LD muscle from yield grade A had desirable sensory traits such as high IMP, low Hx, and high aspartic acid compared with those of LD muscle from yield grade C, and LD muscle from yield grades B and C had a desirable fatty acid composition for sensory quality. However, there was no significant difference in overall acceptance for LD muscle among the 3 yield grades.

Conclusions

Differences in the meat quality traits were found among 3 yield grades of Hanwoo cattle carcasses. The crude fat and cholesterol contents of LD muscle from Hanwoo beef increased as yield grade declined from A to C. This could be considered as a decline in nutritional quality in the aspect of negative perception of consumer against red meats. In addition, the decline in yield grade from A to C resulted in decreasing the meat flavor factors such as IMP and aspartic acid. Therefore, we suggest that the changes of substances related with health and flavor can be considered in order to obtain better quality Hanwoo beef.

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