

Inter- and Intra-breed Variation in the Fiber Type Composition of *M. longissimus lumborum* and *M. biceps femoris* in Japanese Black, Japanese Brown, Holstein and F₁ (Japanese Black × Holstein) Steers

Hisao IWAMOTO, Takafumi GOTOH, Shotaro NISHIMURA,
Yoshitaka ONO¹ and Hitoshi TAKAHARA

Graduate School of Bioresource and Bioenvironmental Sciences, Kyushu
University, Higashi-ku, Fukuoka-shi 812-8581, Japan

¹ Kuju Agricultural Research Center, Kyushu University, Kuju-machi,
Oita-ken 878-0201, Japan

(Received May 13, 1999 ; Accepted July 13, 1999)

Abstract Inter- and intra-breed variation in the fiber type composition of *M. longissimus lumborum* and *M. biceps femoris* in steers was examined on the biopsy materials. Fibers were divided into Type β R, α R and α W. Japanese Black (born in Ohita and Kagoshima prefecture) and Japanese Brown (Aso and Kikuchi, Kumamoto prefecture), Holstein and F₁ (Japanese Black bull × Holstein cow) steers were used. In both muscles, the marked inter- and intra-breed variation was observed on the percentages of Type β R and α W fibers with those reciprocal changes. Of all breeds, the Ohita-Black showed the largest percentage of Type β R fibers and the Kagoshima-Black the second in each muscle. On the other hand, the muscles of the Holstein were characterized by containing Type β R fibers at the lowest frequency. The Brown occupied middle position between the Blacks and Holstein in the percentage distribution of Type β R fibers and showed the largest percentage of Type α R fibers in the biceps muscle compared with the others. From these results it was suggested that the Japanese natives substantially differ in their fiber type composition in the muscles from those of the Holstein and also exhibit inter- and intra-breed variation.

Animal Science Journal 70 (6) : 490-496, 1999

Key words : Myofiber type composition, Breed differences, Intra-breed variation, Japanese native breeds, Steers

In beef cattle, *M. longissimus thoracis et lumborum* and *M. gluteobiceps* (*M. gluteus superficialis pars caudalis* + *M. biceps femoris*) are the largest and the second largest muscle of all, respectively¹⁰⁾. Both Japanese native breeds, the Japanese Black and Japanese Brown, play an important role in beef production in Japan and show its different abilities both in the quality and quantity. Castrated Holstein male calf is used to produce beef at low cost. Holstein cow

crossed with Japanese Black bull reproduces F₁ cattle for qualitative improvement of Holstein meat.

The percentage distribution of Type β R or red (Type β R + α R) fibers in the longissimus muscle has positive effects on the juiciness and tenderness of the meat in weathers and ewes¹⁵⁾ and in young bulls^{14, 17)}. However, Seidemann *et al.*²⁰⁾ demonstrated the negative effects of red fibers in bulls. When 3 pair steers of Holstein twins were fattened at different planes of

Corresponding : Hisao IWAMOTO (fax : +81 (0) 92-642-2942, e-mail : hiwamoto@agr.kyushu-u.ac.jp)

nutrition, the high plane was favored to increase the percentage of Type α W fibers²⁴).

On histochemical properties of the fibers, the breed-differences are reported in domestic animals with different athletic abilities, such as horse^{6,21,22}) and dog^{6,7}). Different meat production abilities among breeds are also related to the different histochemical properties in pig^{8,9,19}) and cattle^{10,12,25}).

In the animals expected to be alive after histochemical examination, the properties of fibers can be examined on the biopsy materials^{11,13,14}). Although breed-differences of the fiber type composition among the Black, the Brown and Holstein steers were clarified on the carcass materials¹⁰), a number of the carcass was restricted because of its high cost. In the present study, biopsy materials of both muscles were gathered from a larger number of steers in the 3 breeds and F₁, and the fiber type composition was compared each other for demonstration of inter- and intra-breed differences.

Materials and Methods

M. longissimus lumborum materials

A total of 90 steers at 10–12 months of age were used. Japanese Black 10 steers (Tajiri strain sires, Ohita prefecture) were bred and raised in Kuju Agricultural Research Center, Kyushu University and the 16 steers (Tajiri strain sires, Kagoshima prefecture) were engaged in sire test in Kagoshima Prefectural Livestock Experiment Station. Japanese Brown 27 steers (Aso, Kumamoto prefecture) were going to be fattened in Green Hill farm, Aso-gun, Kumamoto prefecture. Holstein 16 steers and F₁ (Japanese Black bulls × Holstein cows) 21 steers were engaged in fattening test in Fukuoka Agricultural Research Center.

M. biceps femoris materials

A total of 143 steers at 10–12 months of age were used. Of those steers the 17 (Shiromatsu strain sires, Ohita prefecture) and 65 (Tajiri strain sires, Kagoshima prefecture) Japanese Black were engaged in sire or fattening test in Ohita and Kagoshima Prefectural Livestock Experiment Station respectively and the 25 Japanese Brown (Kikuchi, Kumamoto prefecture) also in Kumamoto Agricultural Research

Center. The 18 Holstein and 18 F₁ steers were used in fattening test in the Fukuoka Center.

Ten steer groups (8 steers of each group) engaged in the test of 5 Tajiri strain sires and 5 Kedaka strain sires in the Kagoshima Station were also used.

Biopsy methods

The steers were lightly anesthetized by Xylazine hydrochloride (Rompun, Bayer, Germany) and locally by Lidocaine hydrochloride (Xylocaine, Fujisawa, Japan) in the surgical region after shaving. Biopsy needle (14 G, Baxter, USA) was inserted into 3 serial small holes of skin about 1cm apart incised with scalpel and 5 biopsy materials with parallel fiber striation were taken in each muscle. In *M. longissimus lumborum*, the needle was inserted cranioventrally about 2 to 4 cm depth at 45° through the sagittal lined 3 holes cut open at the lateral side of two thirds of its width on the level of the 1st and 2nd lumber vertebrae (Fig. 1). In the cranial portion of *M. biceps femoris*, the proximal-distal lined 3 holes were located on the surface region under *Trochanter major* of *Os femoris*. The biceps muscle materials were taken from about 2 cm depth of the proximal-superficial region with the needle inserted to *Tuber ischiadicum*. The surgical region was applied antibiotic agent (Terramycin, Pfizer, UK).

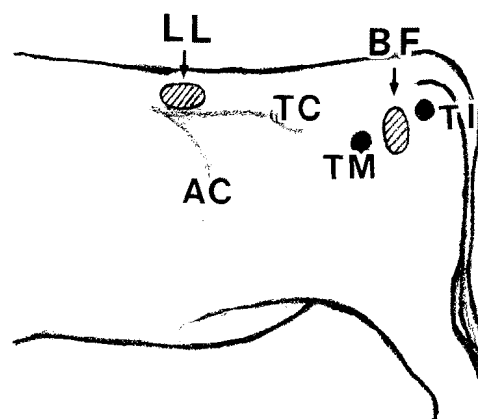


Fig. 1. Illustration of biopsy region in *M. longissimus lumborum* (LL) and *M. biceps femoris* (BF). AC; Arcus costalis, TC; Tuber coxae, TI; Tuber ischiadicum, TM; Trochanter major of *Os femoris*.

Histochemical observation

The 5 materials were gathered in a block by embedding protective agent (Tissue-tek, Miles, USA) and placed into dry ice-isopentane mixture. Serial frozen sections (8 μ m thick) were obtained from the block and stained by histochemical reactions for reduced nicotinamide adenine dinucleotide dehydrogenase activity¹⁷⁾ and myosin adenosine triphosphatase activities¹⁸⁾ after acid (pH 4.3) or alkaline (pH 10.5) preincubation^{2,23)}.

Microscopic photographs were taken at the same tissue location on different stained serial sections and printed off as pictures magnified 250 times. Fiber type classification was carried out on the pictures. Nomenclature of fiber types using the method of Ashmore *et al.*¹⁾ was employed. The percentage distribution of fiber types was estimated from the number of each type in a total of 400 to 700 fibers. Means and standard deviations were calculated and used for the examination of significant inter- and intra-breed differences in *t*-test.

Results**Fiber type composition in *M. longissimus lumborum***

The Ohita (Tajiri) Black steers was found to have the largest percentage of Type β R fibers and conversely Type α W fibers had the smallest of all breeds (Table 1). Another (Tajiri) Black of Kagoshima and the Aso-Brown showed almost the same percentage in every fiber type. In the Holstein steers, the percent-

age of Type β R fibers was significantly smaller than in the other breeds and conversely the Type α W fibers were observed at higher frequency than the Ohita-Black and the Aso-Brown ($P < 0.05$). As the F_1 steer's longissimus contained Type β R fibers at a significantly smaller percentage as compared with the Holstein's ($P < 0.05$), no effects of Japanese Black bull crossing were recognized in these F_1 steers.

Fiber type composition in *M. biceps femoris*

In the Ohita (Shiromatu) Black steers, about half of the fibers were categorized into Type β R, showing the largest percentage of all breeds (Table 2). On the other hand, the percentage of Type α W fibers in this Ohita-Black was the smallest. The Holstein steers were recognized to have conversely the smallest percentage of Type β R fibers and the largest of Type α W. Although the Kagoshima (Tajiri) Black and the Kikuchi-Brown did not show breed-difference in the percentage of Type α W fibers, the biceps muscle contained Type β R fibers at a significantly higher percentage and the Type α R was lower in the former ($P < 0.05$). The Kikuchi-Brown exhibited the largest percentage of Type α R fibers. In the F_1 steers, the percentage of Type β R fibers was larger and conversely Type α W was smaller than the Holstein steers ($P < 0.05$). From these results, it was indicated that the F_1 muscle had obtained another fiber type composition different from the Holstein's by crossing with Japanese Black bull.

In the Kagoshima station, the biceps muscle in the 5

Table 1. Fiber type composition of *M. longissimus lumborum* in the Japanese Black, Japanese Brown, Holstein and F_1 steers

Breeds	No. of animals	Percentage distribution		
		Type β R	Type α R	Type α W
Japanese Black (A)	10	30.5 \pm 5.5 ^a	18.3 \pm 4.5 ^{ab}	51.3 \pm 4.2 ^c
Japanese Black (B)	16	23.8 \pm 3.2 ^b	14.8 \pm 4.5 ^b	61.5 \pm 4.3 ^{ab}
Japanese Brown	27	25.1 \pm 3.2 ^b	15.8 \pm 3.0 ^b	59.2 \pm 3.4 ^b
Holstein	16	21.4 \pm 2.5 ^c	16.7 \pm 3.7 ^{ab}	61.9 \pm 4.7 ^a
F_1	21	18.8 \pm 3.7 ^d	18.4 \pm 2.8 ^a	62.8 \pm 3.6 ^a

Mean \pm the standard deviation. Japanese Black (A) ; born in Ohita prefecture. Japanese Black (B) ; in Kagoshima prefecture. Japanese Brown ; in Aso, Kumamoto prefecture.

^{a, b, c, d} Means with different superscripts in the same column differ significantly at 5% level.

Fiber Type Composition of Steer Muscles

Table 2. Fiber type composition of *M. biceps femoris pars cranialis* in the Japanese Black, Japanese Brown, Holstein and F₁ steers

Breeds	No. of animals	Percentage distribution		
		Type β R	Type α R	Type α W
Japanese Black (A)	17	47.0 \pm 10.6 ^a	21.2 \pm 8.6 ^b	31.8 \pm 7.2 ^d
Japanese Black (B)	65	35.1 \pm 4.5 ^b	24.3 \pm 6.0 ^b	40.6 \pm 5.2 ^{bc}
Japanese Brown	25	32.8 \pm 5.5 ^c	28.2 \pm 4.5 ^a	39.1 \pm 5.2 ^c
Holstein	18	28.3 \pm 4.2 ^d	25.6 \pm 3.5 ^b	46.0 \pm 4.0 ^a
F ₁	18	32.1 \pm 5.5 ^c	25.3 \pm 3.7 ^b	42.6 \pm 4.7 ^b

Mean \pm the standard deviation. Japanese Black (A) ; born in Ohita prefecture. Japanese Black (B) ; in Kagoshima prefecture. Japanese Brown ; in Kikuchi, Kumamoto prefecture.

^{a,b,c,d} Means with different superscripts in the same column differ significantly at 5% level.

steer groups reproduced with the Tajiri strain sires was composed of Type β R fibers 34.4 \pm 2.6%, Type α R 24.6 \pm 5.2% and Type α W 40.8 \pm 3.2%. The muscle in the 5 Kedaka sire groups contained Type β R fibers at 34.8 \pm 2.0%, Type α R at 25.8 \pm 2.7% and Type α W at 39.4 \pm 2.5%. No significant difference was found between the two groups.

Discussion

In the biceps muscle of the Kagoshima-Black steers, no strain-difference of the fiber type composition was observed between the Tajiri and Kedaka strain sires. When the mother's strains were evaluated from the grandfather's strains, the Kagoshima steers reproduced by the intra- and inter-strain crossing were used in the present study. In spite of the different sire strains, the Kagoshima steers are the mixture of Tajiri and Kedaka strains, indicating the genotype characteristic to the Kagoshima strain. For the same reason, the Ohita steers are the mixture of Tajiri and Shiromatsu strains. As the Tajiri, Kedaka and Shiromatsu strains had been introduced recently from Hyogo, Tottori and Shimane prefecture, it was considered that the strains native to Kagoshima and Ohita prefecture had also some effect on genotypes of the present steers. For these reasons, the strains of the steers used in the present study were designated by the names of the prefecture where they were born. The Brown breed also has three genotypes characteristic of the local strains.

In the Ohita-Black steers (23-25 months of age) of the previous study¹⁰⁾, the longissimus muscle contained 30.5% of the fibers as Type β R, 18.3% as Type α R and 51.3% as Type α W respectively at the 11th thoracic vertebra. In the longissimus muscle, however, Goto *et al.*⁴⁾ obtained a little larger percentage of Type β R fibers (32.3-35.3%) and conversely a little smaller of Type α W (46.0-48.0%) at the 11th thoracic vertebra and the 5th lumber in the Ohita-Black steers at 28-30 months. On the biopsy materials in the present study, the Ohita-Black steers (10-12 months) showed the same fiber type composition in the longissimus muscle as the Ohita-Black (23-25 months) on the carcass materials¹⁰⁾ (Table 1).

On the other hand, in the present Ohita-Black steers the proximal-superficial part of the biceps muscle exhibited a fiber type composition different from that of the biceps muscle by Goto *et al.*⁵⁾ (Table 2). Goto *et al.*⁵⁾ observed Type β R, α R and α W fibers at 51.7%, 19.6% and 28.7% respectively in the Ohita-Black steers at 29 months. Although the fiber type composition changes markedly from the proximal region to the middle⁵⁾, the difference between these studies could be due mainly to the different maturation stages because of the biceps development with age^{3,26)}.

The intra-breed difference of fiber type composition in the Black steers was clarified in both muscles. The Kagoshima-Black steers had the muscles containing Type β R fibers at smaller percentage and conversely Type α W fibres at larger than the Ohita (Tables 1 and

2). This intra-breed difference was larger than that compared with the inter-breed difference between the Kagoshima-Black and the Aso- or Kikuchi-Brown. The fiber type composition in the Kagoshima-Black differed only in the biceps muscle with that of the Kikuchi-Brown (Table 2).

In our previous study¹⁰⁾, the Brown steers were bred in the area of Kuma-gun, Kumamoto prefecture and were characterized by rapid growth. In the steers at 22–24 months, the longissimus muscle at the 11th thoracic vertebra was composed of 18.1% of Type β R, 18.4% of Type α R and 63.5% of Type α W fibers. Although the percentage of Type β R fibers increases and conversely that of Type α W decreases with age^{4, 10)}, the present younger Aso-Brown had already gotten the muscle with Type β R fibers at a higher percentage and Type α W at a lower compared with the previous older Kuma-Brown, indicating different types of longissimus (Table 1). In the Kuma-brown the middle-center of the biceps muscle contained 32.4% as Type β R fibers, 24.1% as Type α R and 43.6% as Type α W¹⁰⁾. The percentages of Type α R and α W differed between the previous Kuma-Brown and the present Kikuchi-Brown, but they could not be compared under the term of age- and region-related differences because of those reverse changes⁵⁾.

The longissimus and biceps muscles in the Holstein steers were characterized by smaller percentage of Type β R fibers and larger of Type α W as compared with the both Japanese native breeds (Tables 1 and 2). However, the fiber type composition of the longissimus varies markedly from study to study. In our previous study¹⁰⁾, 16.0% of the fibers was recognized as Type β R, 14.8% as Type α R and 69.2% as Type α W in the Holstein steers at 20–22 months. Suzuki *et al.*²⁴⁾ showed another fiber type composition in the Holstein's longissimus at 20 or 26 months, namely Type β R 25.0%, Type α R 24.9% and Type α W 50.1%. The younger steers (10–12 months) in the present study had the longissimus exhibiting an intermediate fiber type composition between those of the previous reports^{10, 24)}. Because of the age-related change of fiber type composition, it is not clear that the present younger steers have another composition different from that of the older by Suzuki *et al.*²⁴⁾.

However, the intra-breed difference of Holstein's fiber type composition is great between our previous study¹⁰⁾ and the other.

By crossing with Japanese Black bulls, Holstein cows are used to reproduce the F₁ calves with expectations to improve the meat quality in Japan. In the present study, although the F₁ steers showed a different fiber type composition of the biceps muscle from that in the Holstein steers, the other F₁ steers did not change the fiber type composition of the longissimus (Tables 1 and 2). It seemed that the Black bull father did not transmit its properties of the longissimus to the F₁ steers. As mentioned above, the Holstein steers showed great variation of the fiber type composition and so did the Black. It was supposed that Holstein mothers and Japanese Black fathers could transmit variable histochemical properties of their fibers to the F₁ steers.

In the longissimus muscle, interrelationship of fiber type composition to the meat quality has been examined in beef cattle^{13, 16, 20)}. When Type β R or red fibers occur at higher frequency, beef increases its juiciness and tenderness. However, the interrelationship of fiber type composition to marbling has not been clarified yet because of complex system of environmental factors. Although different nutritional planes of beef cattle cause change in the fiber type composition²⁴⁾, all steers used in the present study were fattened under high plane.

In Japan, it is Japanese Black cattle that high quality beef with good marbling is obtained at the highest frequency, followed by Japanese Brown. Holstein steer is used to produce beef at low cost because of its rapid growth. The results in the present study confirm that Japanese Black steers have the largest percentage of Type β R fibers in the muscles and conversely Holstein gets the smallest percentage of Type β R fibers. In all the breeds, the intra-breed variation was also demonstrated in the results of the present and those of the previous studies^{4, 5, 10)}.

Acknowledgements

The authors would like to thank the staffs of Kagoshima and Ohita Prefectural Livestock Experiment Stations, Kumamoto and Fukuoka Agricultural

Research Centers, and Green Hill farm for the permission to use the valuable steers and great help in the surgical treatment.

References

- 1) Ashmore CR, Tompkins G, Doer L. Postnatal development of muscle fiber types in domestic animals. *Journal of Animal Science*, 34 : 37-41. 1972.
- 2) Brooke MH, Kaiser KK. Some comments on the histochemical characterization of muscle adenosine triphosphatase. *Journal of Histochemistry and Cytochemistry*, 17 : 431-432. 1969.
- 3) Davies AS. Postnatal changes in the histochemical fibre types of porcine skeletal muscle. *Journal of Anatomy*, 112 : 41-60. 1972.
- 4) Goto T, Iwamoto H, Ono Y, Nishimura S, Matsuo K, Nakanishi Y, Umetsu R, Takahara H. Comparative study on the regional composition of fiber types in *M. longissimus thoracis* with different marbling scores for Japanese Black steers. *Animal Science and Technology*, 65 : 454-463. 1994.
- 5) Goto T, Iwamoto H, Ono Y, Nishimura S, Shigematsu I, Nakanishi Y, Umetsu R, Takahara H. Comparative study on the regional composition of fiber types in the cranial portion of *M. biceps femoris* in Japanese Black steers. *Animal Science and Technology*, 66 : 62-71. 1995.
- 6) Gunn HM. Differences in the histochemical properties of skeletal muscles of different breeds of horses and dogs. *Journal of Anatomy*, 127 : 615-634. 1978.
- 7) Guy PS, Snow DH. Skeletal muscle fibre composition in the dog and its relationship to athletic ability. *Research of Veterinary Science*, 31 : 244-248. 1981.
- 8) Iwamoto H, Kawaida H, Ono Y, Takahara H. Breed differences in the distribution of muscle fiber types in fasciculi of porcine psoas major muscle. *Japanese Journal of Zootechnical Science*, 54 : 392-400. 1983.
- 9) Iwamoto H, Ono Y, Kawaida H, Takahara H. Histochemical fiber composition of longissimus muscle in the Berkshire pigs bred in Kagoshima prefecture. *Japanese Journal of Zootechnical Science*, 60 : 261-272. 1989.
- 10) Iwamoto H, Ono Y, Goto T, Nishimura S, Nakanishi Y, Umetsu R, Takahara H. Comparative studies on the composition of muscle fiber types in Japanese Black, Japanese Brown and Holstein steers. *Animal Science and Technology*, 62 : 674-682. 1991.
- 11) Lopez-Rivero JL, Serramp AL, Diz AM, Galisteo AM. Variability of muscle fibre composition and fibre size in the horse gluteus medius : an enzyme-histochemical and morphometric study. *Journal of Anatomy*, 181 : 1-10. 1992.
- 12) May ML, Dikeman ME, Shalles R. Longissimus muscle histological characteristics of Simmental×Angus, Hereford×Angus, and Limousin×Angus crossbred steers as related to carcass composition and meat palatability traits. *Journal of Animal Science*, 44 : 571-580. 1977.
- 13) Melton C, Dikeman M, Tuma HJ, Shalles RR. Histological relationships of muscle biopsies to bovine meat quality and carcass composition. *Journal of Animal Science*, 38 : 24-31. 1974.
- 14) Melton C, Dikeman M, Tuma HJ, Kropf DH. Histological relationships of muscle biopsies with bovine muscle quality and composition. *Journal of Animal Science*, 40 : 451-456. 1975.
- 15) Moody WG, Kemp KD, Mahyuddin M, Johnston DM, Ely DG. Effect of feeding systems, slaughter weight and sex on histological properties of lamb carcasses. *Journal of Animal Science*, 50 : 249-256. 1980.
- 16) Ockermann HW, Jaworek D, Van-Stavern B, Parrett N, Pierson C. Castration and sire effects on carcass traits, meat palatability and muscle fiber characteristics in Angus cattle. *Journal of Animal Science*, 59 : 981-990. 1984.
- 17) Okamoto K, Ueda M, Maeda R, Mizutani A, Sugiyama T. *Microscopic Histochemistry*. Vol. 1 : 322-330. Igaku Shoin. Tokyo. 1976.
- 18) Padykula HA, Herman E. Factors affecting the activity of adenosine triphosphatase and other phosphatases as measured by histochemical techniques. *Journal of Histochemistry and Cytochemistry*, 3 : 161-169. 1955.
- 19) Rahelic S, Puac S. Fibre types in longissimus dorsi from wild and highly selected pig breeds. *Meat Science*, 5 : 439-450. 1981.
- 20) Seidemann SC, Crouse JD, Cross HR. The effect of sex condition and growth implants on bovine muscle fiber characteristics. *Meat Science*, 17 : 79-95. 1986.
- 21) Snow DH, Guy PS. Muscle fibre type composition of a number of limb muscles in different types of horse. *Research of Veterinary Science*, 28 : 137-144. 1980.
- 22) Stull CL, Albert WW. Comparison of muscle fiber types from 2-year-old fillies of the belgian, standardbred, thoroughbred, quarter horse and welsh breeds. *Journal of Animal Science*, 51 : 340-343. 1981.

- 23) Suzuki A. The pH stability of myofiber adenosine triphosphatase of five fiber types in skeletal muscles of the sheep and cattle. *Japanese Journal of Zootechnical Science*, 47 : 95-103. 1976.
- 24) Suzuki A, Tamate H, Okada M. The effect of a high plane of nutrition during a given period of growth on size and proportion of skeletal muscle fiber types in the cattle. *Tohoku Journal of Agricultural Research*, 27 : 20-25. 1976.
- 25) Suzuki A, Ohwada S, Tamate H. The presence of intrafiber fat droplets in muscle fiber types and the distribution and size of these fiber types in four muscles of Japanese Black and Holstein cattle. *Japanese Journal of Zootechnical Science*, 49 : 262-269. 1978.
- 26) Suzuki A, Cassens RG. A histochemical study of myofiber types in muscle of the growing pig. *Journal of Animal Science*, 51 : 1449-1461. 1980.